

# **GET HELP**

Important community resources for you and your family



### **UNITED WAY 211**

24/7 helpline where callers receive information and referrals to available community resources.

Dial 2-1-1 or 904-632-0600 | Text HELLO to 211904 unitedwaynefl.org/get-help

### 988

New three-digit quick dial to 24/7 emotional support and crisis counseling for anyone experiencing mental health-related distress. Free and confidential.

Call 9-8-8 | unitedwaynefl.org/988

### **MISSION UNITED**

Care coordination for active military, Veterans and their family members in times of need.

Dial 2-1-1 or 904-632-0600 | Text HELLO to 211904 unitedwaynefl.org/missionunited

## **REALSENSE**

Free tax assistance program that saves families hundreds of dollars annually and ensures they get the credits and refunds they've earned.

unitedwaynefl.org/realsense

## **FULL SERVICE SCHOOLS**

School-based resource centers that provide students and families mental-health counseling and other critical services.

unitedwaynefl.org/full-service-schools



# **GET INVOLVED**



How to serve your community through United Way

### **DONATE**

Bring hope and opportunity to those who need it most by making a donation to United Way.

unitedwaynefl.org/give

## **AFFINITY GROUPS**

Enjoy volunteer projects, socials and networking opportunities with United Way's young professionals group (Atlantic Circle) and/or leadership society for women (Women United).

unitedwaynefl.org/leadership-giving | mail@uwnefl.org

#### **GIVING SOCIETIES**

Join an exclusive network of local philanthropists through Leaders United, Emerging Tocqueville and the Tocqueville Society.

unitedwaynefl.org/leadership-giving | mail@uwnefl.org

### **ANNUAL CAMPAIGN**

Engage your workplace and positively impact our community with a collective annual giving campaign.

unitedwaynefl.org/corporate-engagement

#### **VOLUNTEER**

Participate in individual, group, custom and virtual projects all year long in a variety of work areas.

unitedwaynefl.org/volunteer | volunteer@uwnefl.org